

LANSERHOF TEGERNSEE VOTED WORLD'S BEST MEDICAL SPA FOR SECOND YEAR RUNNING



Once again the renowned Lanserhof Tegernsee has been awarded the prestigious accolade of World's Best Medical Spa by the World Spa Awards. Having previously won this award in 2015, it is a great testament to the commitment and dedication the Lanserhof has to both its guests and the wellness industry.

This year's awards also saw Lanserhof Tegernsee receive the award for Germany's Best Wellness Retreat 2016, adding to the considerable success the medical spa has experienced over the last three years. Since its opening in 2014, Lanserhof Tegernsee has gone from strength to strength, earning an impressive reputation for its innovative symbiosis of naturopathy and state-of-the-art medicine that starts guests on the path to optimum health.

Set on the shores of Lake Tegern and designed by architectural mastermind Christoph Ingenhoven, the Lanserhof Tegernsee offers guests the perfect environment in which to relax, restore inner balance and focus on their wellbeing. As well as providing each guest with a bespoke plan tailored to their individual health needs, the medical spa also offers a comprehensive range of therapeutic, diagnostic and cosmetic programmes to ensure each guest leaves glowing and with improved health.

The World Spa Awards programme aims to serve as a benchmark of excellence, to help foster growth and to drive up standards within the spa tourism industry by rewarding sector leaders. In this year's awards, the Lanserhof saw off tough competition from 8 other medical spas, including FX Mayr Health Center The Original, Chiva-Som and SHA Wellness Clinic.

On winning the award, Dr Christian Harisch, Lanserhof CEO and Managing Director said "This award is a wonderful recognition for us. We are very proud to have won this world championship of medical spas for the 2nd time. At the same time it is motivation and inspiration for the future. I thank all employees of the medical department under the leadership of Dr. Benedetto-Reisch, and the hotel staff under the leadership of Mrs. Hasenauer."

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The Lanserhof adds this fantastic achievement to its growing number of prestigious awards and accolades that include Conde Nast Traveller's Most Effective Medi-Spa (2016), State-of-the-Art overhaul in 2015's Tatler Spa Awards and GQ's Best Spa 2014.

– ENDS –

Notes to Editors:

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Images:

Left to right – Lanserhof Tegernsee Pool, Eva-Maria Hasenauer (middle) accepting the World Spa Award in Sardinia, Lanserhof Tegernsee Sauna

High resolution images also available to download - <http://www.lanserhof.com/english/press/press-images.html>

The Lanserhof:

For 30 years, the Lanserhof medical institution has been practising the LANS Med concept, a symbiosis of traditional naturopathy and state-of-the-art medicine treating both mind and body. Designed to support the natural healing process, the Lanserhof's Mayr-based programmes promote physical well-being and inner balance, with great focus on personal regeneration. Each programme is bespoke to the clients' needs and health requirements, helping them to discover how much more active, happy and productive their lives can be.

The Lanserhof Lans is located in the village of Lans, just 10 minutes from Innsbruck, the capital city of Austria's western state Tirol. The Lanserhof itself is situated on a sunny plateau, amidst deep forests and vast meadows, beneath an unending sky.

The Lanserhof Tegernsee is nestled atop a mountain in Bavaria, close to Lake Tegernsee, one of the purest bodies of water in Germany. The renowned healthy climate here and the strongest iodine sulphur springs in Germany have given the Tegern valley its reputation as an excellent region for health.

Located in Hamburg, the LANS Medicum is the Lanserhof's dedicated sports science centre. Here state-of-the-art sports medicine and diagnostics meet traditional naturopathy to provide patients with comprehensive, personalised medical programmes. The sports medicine specialists at the LANS Medicum, include, sports scientists, physiotherapists, osteopaths and nutritionists to cater for all health-related questions.

For more information:

<http://www.lanserhof.com/english/index.html>

<http://www.fxmayr.com/?lang=en>

<http://www.lanserhof.com/english/hamburg.html>

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