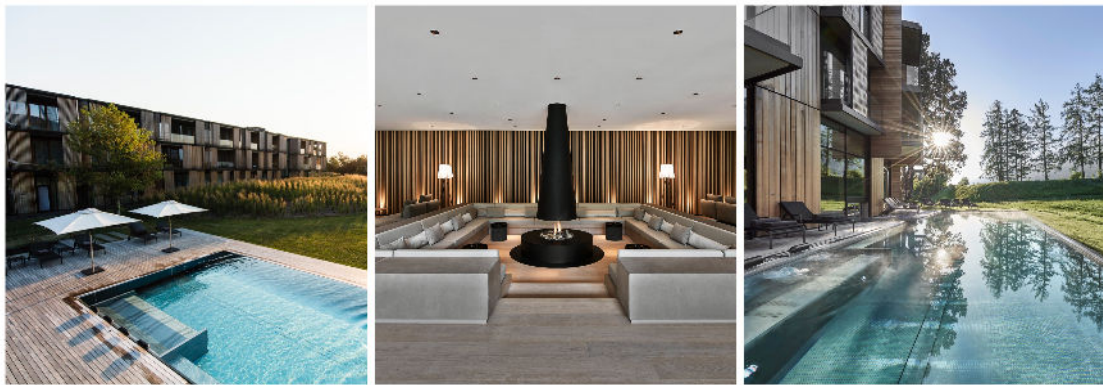


LANSERHOF RECOGNISED WITH WINNING FIVE ACCOLADES AT THE PRESTIGIOUS WORLD SPA AWARDS 2018

Lanserhof Tegernsee voted World's Best Medical Spa and Germany's Best Wellness Retreat, Lanserhof Lans voted World's Best Spa Design and Austria's Best Wellness Retreat, Grayshott Health Spa wins England's Best Wellness Retreat



26 October 2018 Lanserhof Tegernsee has once again won the prestigious accolade of World's Best Medical Spa in the World Spa Awards 2018 for the fourth year in a row. Having previously won this award in 2015, 2016, and 2017, this recognition reflects the commitment of Lanserhof to setting the standard for guest experience and the dedication of its team to deliver excellence in the wellness industry.

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Since its opening in 2014, Lanserhof Tegernsee has gone from strength to strength, earning an impressive reputation for its innovative symbiosis of naturopathy and state-of-the-art medicine that starts guests on the path to optimum health. In addition to its recognition for being the world's best medical spa, Lanserhof Tegernsee has also been voted Germany's Best Wellness Retreat.

Set on the shores of Lake Tegernsee and designed by architectural mastermind Christoph Ingenhoven, Lanserhof Tegernsee offers guests the perfect environment in which to relax, repair inner balance and focus on their wellbeing with a particular emphasis on restorative gut health.

Lanserhof Lans is honoured also to celebrate a win for World's Best Spa Design, and for Austria's Best Wellness Retreat.

Undergoing extensive renovations in 2017 Lans was developed in alignment with a sustainability concept for green building, and designed using the latest knowledge in construction and space psychology.

The same innovative concepts used at Lanserhof Tegernsee are practiced at Lanserhof Lans, with Lans also the home to Lanserhof's cryotherapy chambers and groundbreaking sleep laboratory.

Adding to the triumph, the latest acquisition to the Lanserhof portfolio, Grayshott Health Spa, is awarded with England's Best Wellness Retreat.

Lanserhof is honoured to have been recognised by leading spa and wellness tourism professionals, as well as hundreds of thousands of spa consumers across the globe. These awards demonstrate Lanserhof's dedication to redefining and setting the standard of medical spas worldwide.

Lanserhof adds these tremendous achievements to its growing number of prestigious awards and accolades that include Best Desintation Spa in the Conde Nast Traveller Readers' Travel Awards (2018), Best Medical Spa in the European HEALTH & SPA AWARD (2017), winner of the 2017 Tatler Spa Awards in the category 'Medical Maestro,' and Conde Nast Traveller's Most Effective Medi-Spa (2016).

– ENDS –

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About Lanserhof

For more than 30 years, the Lanserhof has stood for innovative vital medicine and, with its concept, is a medical institution that has won many awards in Europe. The LANS Med Concept is a symbiosis of traditional naturopathy and modern medicine. As early as 2012, the parent company in Lans / Tyrol was supplemented by the outpatient health centre LANS Medicum in Hamburg. In January 2014, the Lanserhof also opened at Tegernsee. In September 2015, 2016 and 2017, Lanserhof was named World's Best Medical Spa at the World Spa Awards. In January 2017, Lanserhof reopened LANS after it had been renovated and expanded to include a new building, a seawater pool and a cold chamber. For 2019 the opening of another city branch in London, Mayfair is planned - the Medical Gym will be built in partnership with the renowned Members Club, The Arts Club. Furthermore, Lanserhof Sylt, the first Lanserhof by the sea, will open its doors in 2020.

Health begins in the mind - and at Lanserhof.

Further information on the website

www.lanserhof.com/en

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