

LANSERHOF SYLT - THE MILLION EURO PROJECT CONTINUES TO TAKE SHAPE AND CELEBRATES WITH A TOPPING-OUT CEREMONY



Lanserhof Group, the world's leading medical destination, continues to grow its portfolio and will open a new health resort on the island of Sylt in northern Germany in 2021. The topping-out ceremony took place on 2 October 2020 and signifies a milestone in the build. Among those present were Lanserhof owner Dr. Christian Harisch, architect Christoph Ingenhoven and the future medical director of Lanserhof Sylt, Dr. Jan Stritzke.

The new development contributes to the Group's expanding portfolio which currently includes Lanserhof Lans near Innsbruck in Austria; Lanserhof Tegernsee in Bavaria, Germany; LANS Medicum and LANS Cardio in Hamburg, Germany; and Lanserhof at The Arts Club in London, United Kingdom.

The island of Sylt provides Lanserhof with the perfect conditions to complement the renowned LANS Med Concept to guests. Located on the North Sea coast, Sylt boasts an extraordinary climate and is surrounded by an abundance of nature creating an idyllic setting in which to reset and recharge. Built on the northeast of the island in the municipality of List, Lanserhof Sylt covers 20,000 m² and is complete with

67 guest rooms. A team of the world's leading experts will provide extensive medical care for guests, as well as external visitors and residents of the island.

Built on the former military officers' home area of the List, the construction and design of Lanserhof Sylt is under the direction of internationally renowned Düsseldorf architect Christoph Ingenhoven. Located on one of the highest elevations on the islands, guests will discover a panoramic view of the harbour of List and the adjacent landscape conservation area, against the backdrop of the Wadden Sea. A total of six buildings will be restored in close cooperation with the local monument protection authorities and honoured with the unmistakable Lanserhof design.



Lanserhof has been synonymous with vital medicine for over 30 years and its concept has made it a globally recognised medical institution which has received numerous awards in Europe. Under the medical management of Dr. Jan Stritzke, the former head of cardiology at the Asklepios North Sea Clinic Westerland, the range of services available at Lanserhof Sylt will include medical consultations and individual therapies, as well as CT and MRI scans; the only facility to offer these on the island. In addition to the naturopathic approach, Lanserhof Sylt will focus on cardiological rehabilitation. A dedicated treatment facility will span 5,000 m2 completed with a spacious spa area featuring saunas, steam baths, relaxation area and indoor and outdoor pool with a sun terrace hidden in the dunes.

Lanserhof Sylt - facts at a glance:

- Lanserhof Sylt is scheduled to open in autumn 2021 and first reservations can be accepted from summer 2021
- The internationally renowned Düsseldorf architect Christoph Ingenhoven has been appointed for the planning and design of the build
- Lanserhof Sylt has 67 guest rooms and covers a floor area of 20,000 m², of which 5,000 m² are treatment and therapy rooms
- It will also be the largest thatched roof in Europe with a total area (over six buildings) of 12,900 m²
- The first tunnel on the island of Sylt connects Lanserhof with the medicine house
- The ground-breaking ceremony took place on 29 November 2017 and marked the official start of construction
- The official topping-out ceremony was celebrated on 2 October 2020
- Total estimated cost of the construction project (building/conversion) € 100 million
- The health resort is the most expensive hotel on the island and in Europe (in terms of construction costs in relation to the room price)
- Dr. Jan Stritzke, former head of cardiology at the Asklepios Nordseeklinik Westerland, has been appointed as medical director
- In addition to the LANS Med Concept, the focus of Lanserhof Sylt is on cardiological rehabilitation for acute or chronic diseases, as well as the treatment of respiratory and skin diseases
- Transfers via plane provided by SyltAir is planned from Hamburg and other cities to be confirmed.

Pictures and information can be found at: <https://bit.ly/3drJqEx>

Health begins in the mind - and at Lanserhof.

About Lanserhof

Lanserhof has been setting standards in modern medicine for over 30 years and is a unique institution for prevention and health regeneration. The origin of the LANS Med Concept is in Lans / Tyrol and was created through years of research and development work by Lanserhof doctors and therapists. The symbiosis of traditional naturopathy and the latest medical knowledge is unique and remains constantly innovative.

The outpatient health centre LANS Medicum opened in Hamburg in 2012, offering patients an interdisciplinary sports medicine team of specialists, sports scientists, physiotherapists, osteopaths

and nutritionists. With the opening of Lanserhof Tegernsee in 2014, a further location was added - surrounded by the Bavarian foothills of the Alps and surrounded by beautiful nature, guests will find a place of peace and a unique architectural design by award-winning architect Christoph Ingenhoven. The success of Lanserhof Tegernsee has now been confirmed by five consecutive awards as World's Best Medical Spa. In July 2019, the Lanserhof at The Arts Club opened in Dover Street in the heart of London as part of a partnership with London's legendary Private Members Club. In this state-of-the-art and unique health club, experts from the fields of general and preventive medicine, orthopaedics, cardiology, radio and sonology and sports medicine work hand in hand. In 2020, LANS Cardio, a centre for cardiology, was established in Hamburg under the management of the internationally renowned heart specialist Prof. Dr. med. Karl-Heinz Kuck.

The opening of Lanserhof List on Sylt is planned for summer 2021, with construction work already starting in November 2017. In addition to the naturopathic approach, the focus of the first Lanserhof by the sea will be on cardiological rehabilitation for acute and chronic illnesses, and, like the other houses, will acquire an excellent reputation worldwide.

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