

A LOCAL MAKES IT TO THE TOP OF LANSERHOF LANS

Lanserhof appoints Dr. Katharina Sandtner as new Medical Director of the Resort in Lans

Dr. Katharina Sandtner appointed Medical Director at Lanserhof Lans from January 2019.



Growing up in Lans, Austria, just a stone's throw away from Lanserhof Lans, the new Medical Director has a connection to the resort that goes far back to her childhood. During Kindergarten, Dr. Sandtner befriended the head chef's daughter. She and the other children in the neighbourhood were allowed to use the swimming pool at Lanserhof, and often spent days exploring the Alpine property. However, the connection to Lanserhof did not stop there.

Dr. Sandtner completed her medical studies at the Medical University of Innsbruck, where she received her doctorate in human medicine. During her studies, she worked at Lanserhof Lans, at first in the medical night service. There she

accompanied guests during their journey, treated them in the therapy department, and also worked at reception, taking care of large and small tasks; in short: she got to know every corner of Lanserhof Lans.

After graduating from her studies in 2008, Dr. Sandtner finished her night duty work at Lanserhof and completed what was probably her most important apprenticeship in the practice of Dr. Andreas Pfretschner in Innsbruck. It was he who introduced her to the field of holistic medicine (including F.X. Mayr medicine) and philanthropy. Afterwards Dr. Sandtner completed her rotation at the BKH Hall and the University Hospital Innsbruck and decided to return to Lanserhof Lans before her specialist training in 2012.

Since then, Dr. Sandtner has worked as a general practitioner at Lanserhof Lans and has been deputy medical director since 2015. During her work with Lanserhof, she successfully obtained a diploma in diagnostics and therapy according to Dr. F.X. Mayr,

LAN
SER
HOF

received a Diploma in Neural Therapy and a Diploma in Orthomolecular Medicine. As the new Medical Director, Dr. Sandtner will focus on further advancing the LANS Med Concept, building on decades of research pioneered by the team of specialists at Lanserhof to develop a unique health concept designed to support the natural healing process and promote physical well-being and inner balance.

In the years since her return, Dr. Sandtner has built up a close relationship with guests, and with her dedication and passion has become a pillar of the Lanserhof community; this time as a doctor. Lanserhof is delighted to see Dr. Sandtner at the helm—someone who has been with the company for almost a lifetime.

Dr. Sandtner will take over the medical management of Lanserhof Lans from Dr. Georg Kettenhuber, who will take a personal break; however, Dr Kettenhuber will remain connected to Lanserhof ongoing.

About Lanserhof

For more than 30 years, the Lanserhof has stood for innovative vital medicine and, with its concept, is a medical institution that has won many awards in Europe. The LANS Med Concept is a symbiosis of traditional naturopathy and modern medicine. As early as 2012, the parent company in Lans / Tyrol was supplemented by the outpatient health centre LANS Medicum in Hamburg. In January 2014, the Lanserhof also opened at Tegernsee. In September 2015, 2016 and 2017, Lanserhof was named World's Best Medical Spa at the World Spa Awards. In January 2017, Lanserhof reopened LANS after it had been renovated and expanded to include a new building, a seawater pool and a cold chamber. For 2019 the opening of another city branch in London, Mayfair is planned - the Medical Gym will be built in partnership with the renowned Members Club The Arts Club. Furthermore, Lanserhof Sylt, the first Lanserhof by the sea, will open its doors in 2020.

Health begins in the mind - and at Lanserhof.

Further information on the website

www.lanserhof.com

**LAN
SER
HOF**